

2025 Winter Invitational

Meet Schedule

Dec 12-14, 2025

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Please arrive 30-minutes early so that we may start your session early, if possible

Friday, December 12, 2025

Session: 01 -- USAG XG

Warm Up 10:00 AM
Introduction 10:20 AM

Competition 10:30 AM
Awards 1:45 PM

Gymnasts: 83

Flight: A - 42



11

Carolina Stars [XG] - 11



13

Rock Hill [XG] - 13



11

Carolina Stars [XG] - 5
Palmetto [XG] - 6



7

Appalachian [XG] - 7

Flight: B - 41



8

Sparkle City [XG] - 8



7

Capital City [XG] - 2
Spirit [XG] - 5



12

Foothills-SC [XG] - 12



14

Greenville [XG] - 14

Friday, December 12, 2025

Session: 02 -- USAG 6 & XP

Warm Up 2:00 PM
Introduction 2:20 PM

Competition 2:30 PM
Awards 5:45 PM

Gymnasts: 70

Flight: A - 36



13

Rock Hill [XP] - 13



8

Greenville [XP] - 8



7

Foothills-SC [XP] - 7



8

Appalachian [XP] - 2
Capital City [XP] - 2
Upstate [XP] - 4

Flight: B - 34



7

Carolina Stars [XP] - 2
Clemmons [XP] - 4
Sparkle City [XP] - 1



8

Capital City [L6] - 2
Greenville [L6] - 3
Rock Hill [L6] - 1
Spirit [L6] - 2



8

Clemmons [L6] - 1
Palmetto [L6] - 7



11

Acrosmith [L6] - 11

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Friday, December 12, 2025

Session: 03 -- USAG 6 & 7

Warm Up 6:00 PM
Introduction 6:20 AM

Competition 6:30 PM
Awards 9:30 PM

Gymnasts: 66

Flight: A - 31



7

Palmetto [L6] - 7



8

Acrosmith [L6] - 4
Foothills-SC [L7] - 4



7

Clemmons [L7] - 2
Palmetto [L7] - 5



9

Acrosmith [L7] - 9

Flight: B - 35



11

Rock Hill [L6] - 2
Rock Hill [L7] - 9



9

Greenville [L6] - 9



9

Spirit [L6] - 1
Spirit [L7] - 2
Upstate [L6] - 2
Upstate [L7] - 4



6

Greenville [L7] - 6

Saturday, December 13, 2025

Session: 04 -- USAG 2 & 3

Warm Up 8:00 AM
Introduction 8:20 AM

Competition 8:30 AM
Awards 10:45 AM

Gymnasts: 66

Flight: A - 28



8

Rock Hill [L2] - 8



8

Palmetto [L3] - 8



6

Rock Hill [L3] - 6



6

Palmetto [L3] - 6

Flight: B - 38



8

Acrosmith [L2] - 8



10

Spirit [L3] - 5
Upstate [L3] - 5



11

Acrosmith [L3] - 11



9

Greenville [L3] - 9

Saturday, December 13, 2025

Session: 05 -- USAG XB

Warm Up 11:00 AM
Introduction 11:20 AM

Competition 11:30 AM
Awards 1:30 AM

Gymnasts: 70

Flight: A - 41



10

Foothills-SC [XB] - 10



9

Carolina Stars [XB] - 9



11

Greenville [XB] - 11



11

Capital City [XB] - 5
Palmetto [XB] - 6

Flight: B - 29



7

Sparkle City [XB] - 7



8

Rock Hill [XB] - 8



6

Sparkle City [XB] - 6



8

Rock Hill [XB] - 8

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Saturday, December 13, 2025

Session: 06 -- USAG XS

Warm Up 1:45 PM
Introduction 2:05 PM

Competition 2:15 PM
Awards 5:00 PM

Gymnasts: 77

Flight: A - 44



12

Carolina Stars [XS] - 12



12

Foothills-SC [XS] - 12



9

Sparkle City [XS] - 9



11

Capital City [XS] - 5
Foothills-SC [XS] - 6

Flight: B - 33



9

Palmetto [XS] - 3
Spirit [XS] - 6



8

Rock Hill [XS] - 8



7

Greenville [XS] - 7



9

Rock Hill [XS] - 9

Saturday, December 13, 2025

Session: 07 -- USAG 8-10, XD & XSA

Warm Up 5:15 PM
Introduction 5:35 PM

Competition 5:45 PM
Awards 9:30 PM

Gymnasts: 62

Flight: A - 31



7

Clemmons [L8] - 1
Upstate [L9] - 1
Upstate [XD] - 3
Upstate [XSA] - 2



9

Rock Hill [L9] - 9



6

Acrosmith [L9] - 2
Acrosmith [L10] - 4



9

Rock Hill [L8] - 4
Rock Hill [XD] - 5

Flight: B - 31



8

Carolina Stars [L9] - 1
Carolina Stars [L10] - 1
Carolina Stars [XD] - 3
Palmetto [XD] - 3



6

Greenville [XD] - 6



10

Foothills-SC [L8] - 9
Foothills-SC [L9] - 1



7

Greenville [L8] - 4
Greenville [L10] - 1
Greenville [XD] - 2

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Sunday, December 14, 2025

Session: 08 -- USAG 4 & 5

Warm Up 8:00 AM
Introduction 8:20 AM

Competition 8:30 AM
Awards 11:30 AM

Gymnasts: 84

Flight: A - 45



12

Acrosmith [L4] - 12



11

Greenville [L4] - 11



12

Acrosmith [L4] - 12



10

Palmetto [L4] - 10



9

Spirit [L4] - 5

Upstate [L4] - 4



11

Clemmons [L4] - 6

Rock Hill [L4] - 5



7

Sparkle City [L4] - 7



12

Rock Hill [L4] - 4

Rock Hill [L5] - 8

Flight: B - 39

Sunday, December 14, 2025

Session: 09 -- AAU 2 & XB

Warm Up 11:45 AM
Introduction 12:05 PM

Competition 12:15 PM
Awards 2:00 PM

Gymnasts: 64

Flight: A - 37



9

Clemmons [AXB] - 9



10

Clemmons [AXB] - 10



9

Greenville [AXB] - 9



9

Clemmons [AXB] - 9



7

Balance Point [AXB] - 7



5

Spirit [A2] - 5



7

Balance Point [AXB] - 7



8

Upstate [AXB] - 8

Flight: B - 27

Sunday, December 14, 2025

Session: 10 -- AAU XS, XG & XP

Warm Up 2:15 PM
Introduction 2:35 PM

Competition 2:45 PM
Awards 6:00 PM

Gymnasts: 92

Flight: A - 39



7

Upstate [AXS] - 7



10

Clemmons [AXG] - 10



12

Upstate [AXG] - 12



10

Balance Point [AXG] - 9

Balance Point [AXP] - 1



15

Clemmons [AXS] - 15



13

Balance Point [AXS] - 13



12

Greenville [AXS] - 5

Spirit [AXS] - 7



13

Balance Point [AXS] - 13

Flight: B - 53